

BASEBALL

TWO WHEEL BASEBALL PITCH CHART ©2014 SPINBALL SPORTS LLC

PITCH	LEFT HANDED						OVERHAND			RIGHT HANDED						
	SIDEARM CURVE	SCREWBALL	TWO SEAM FASTBALL	SLIDER	FOUR SEAM FASTBALL	CURVE	FOUR SEAM FASTBALL	CURVE OR SINKER	KNUCKLEBALL	CURVE	FOUR SEAM FASTBALL	SLIDER	TWO SEAM FASTBALL	SCREWBALL	SIDEARM CURVE	
MACHINE ANGLE PITCHER'S VIEW																
PITCH SPEED																
50	60 40	40 60	40/60	60/40	40/60	60/40	40/60	60/40	50/50	40/60	60/40	40/60	60/40	60 40	40 60	
60	75 45	45 75	45/75	75/45	45/75	75/45	45/75	75/45	60/60	45/75	75/45	45/75	75/45	75 45	45 75	
70	85 55	55 85	55/85	85/55	55/85	85/55	55/85	85/55	70/70	55/85	85/55	55/85	85/55	85 55	55 85	
80	95 65	65 95	65/95	95/65	65/95	95/65	65/95	95/65	80/80	65/95	95/65	65/95	95/65	95 65	65 95	
90	105 75	75 105	75/105	105/75	75/105	105/75	75/105	105/75	90/90	75/105	105/75	75/105	105/75	105 75	75 105	

THREE FUNDAMENTALS: 1) THE BALL CURVES AWAY FROM THE FASTER WHEEL. 2) THE GREATER THE WHEEL SPEED DIFFERENCE, THE GREATER THE CURVE. 3) PITCH SPEED IS THE AVERAGE OF THE WHEEL SPEEDS.